

TABLE 4-5 Technique for Assessing Certain Attitudes of Students

The People in My Class

It is a job of teachers to find ways to make school life more interesting and worthwhile for all the students in the class. This form is your chance to give the teacher confidential information that will help him to help each pupil. There are no right or wrong answers. The way you see things is what counts.

1. Which three persons in this class are most often able to get other pupils to do things? Using your class list, write the numbers of the pupils you select.

The three who are most often able to get others to do things are: Pupil's number

2. Which three persons in the class do the girls most often do things for?

They are: Pupil's number

3. Which three persons in the class do the boys most often do things for?

They are: Pupil's number

4. Which three persons in this class are most cooperative with the teacher and like to do what the teacher wants the class to do?

The three most cooperative pupils are: Pupil's number

5. Which three persons in this class most often go against the teacher and what he would like the class to do?

The three pupils who most often go against the teacher are: Pupil's number

6. Which three persons in this class do you think could make the biggest improvement in their schoolwork if they wanted to?

The three who could improve most are: Pupil's number

7. Which three persons in this class do you think show the most ability to learn new things that are taught in school?

TABLE 4-6 Self-Report Scale to Assess Components of a Student's Self-Concept

	How I See Myself					
1. Nothing gets me too mad	1	2	3	4	5	I get mad easily and explode
2. I don't stay with things and finish them	1	2	3	4	5	I stay with something till I finish
3. I'm very good at drawing	1	2	3	4	5	I'm not much good in drawing
4. I don't like to work on committees, projects	1	2	3	4	5	I like to work with others
5. I wish I were smaller (taller)	1	2	3	4	5	I'm just the right height
6. I worry a lot	1	2	3	4	5	I don't worry much
7. I wish I could do something with my hair	1	2	3	4	5	My hair is nice-looking
8. Teachers like me	1	2	3	4	5	Teachers don't like me
9. I've lots of energy	1	2	3	4	5	I haven't much energy
10. I don't play games very well	1	2	3	4	5	I play games very well
11. I'm just the right weight	1	2	3	4	5	I wish I were heavier, lighter
12. The girls don't like me, leave me out	1	2	3	4	5	The girls like me a lot, choose me
13. I'm very good at speaking before a group	1	2	3	4	5	I'm not much good at speaking before a group
14. My face is pretty (good looking)	1	2	3	4	5	I wish I were prettier (good looking)
15. I'm very good in music	1	2	3	4	5	I'm not much good in music
16. I get along well with teachers	1	2	3	4	5	I don't get along with teachers
17. I don't like teachers	1	2	3	4	5	I like teachers very much
18. I don't feel at ease, comfortable inside	1	2	3	4	5	I feel very at ease, comfortable inside
19. I don't like to try new things	1	2	3	4	5	I like to try new things
20. I have trouble controlling my feelings	1	2	3	4	5	I can handle my feelings
21. I do well in school work	1	2	3	4	5	I don't do well in school
22. I want the boys to like me	1	2	3	4	5	I don't want the boys to like me
23. I don't like the way I look	1	2	3	4	5	I like the way I look
24. I don't want the girls to like me	1	2	3	4	5	I want the girls to like me
25. I'm very healthy	1	2	3	4	5	I get sick a lot
26. I don't dance well	1	2	3	4	5	I'm a very good dancer
27. I write well	1	2	3	4	5	I don't write well
28. I like to work alone	1	2	3	4	5	I don't like to work alone

Gordon, I.J.(1996). *Studying the Child in School*. New York: John Wiley & Sons, Inc.

TABLE 4-6 Continued

29. I use my time well	1	2	3	4	5	I don't know how to plan my time
30. I'm not much good at making things with my hands	1	2	3	4	5	I'm very good at making things with my hands
31. I wish I could do something about my skin	1	2	3	4	5	My skin is nice-looking
32. School isn't interesting to me	1	2	3	4	5	School is very interesting
33. I don't do arithmetic well	1	2	3	4	5	I'm real good in arithmetic
34. I'm not as smart as the others	1	2	3	4	5	I'm smarter than most of the others
35. The boys like me a lot, choose me	1	2	3	4	5	The boys don't like me, leave me out
36. My clothes are not as I'd like	1	2	3	4	5	My clothes are nice
37. I like school	1	2	3	4	5	I don't like school
38. I wish I were built like the others	1	2	3	4	5	I'm happy with the way I am
39. I don't read well	1	2	3	4	5	I read very well
40. I don't learn new things easily	1	2	3	4	5	I learn new things easily

Source: Gordon, I. J. *Studying the child in the school*. New York: John Wiley & Sons, Inc., 1966. Used with permission of publisher. This scale is not to be reproduced without express permission of the author.

characteristics of the students and the specific information desired by the teacher. In some instances, it may be necessary to conduct an ecological assessment because the school problems of some students have become so severe that they are resistant to conventional techniques. On the other hand, it is also possible that similar techniques may provide feedback regarding an innovative teaching method or curriculum plan. In other words, the ecological assessment can be very versatile; it can permit the exploration of positive, as well as negative, elements of the classroom or the school.

In all probability, the effective scheduling of the ecological assessment will encompass the entire school year. Information pertaining to the school climate may be gathered profitably during the first portion of the term, whereas teacher-student interaction patterns and peer relationships may be best employed later in the term when the class has had the opportunity to solidify as a group. In addition, an early evaluation of a student's self-concept may aid the teacher in developing strategies to circumvent possible problems.

One note of caution should be kept in mind regarding the unrestricted

How Do You See Yourself?

This questionnaire is designed to measure how you see yourself. It is not a test, so there are no right or wrong answers. Please answer each item as carefully and accurately as you can by placing a number by each one as follows:

1. Rarely or none of the time
2. A little of the time
3. Sometime
4. A good part of the time
5. Most or all of the time

1. I feel that people would not like me if they really knew me well. _____
2. I feel that others get along much better than I do. _____
3. I feel that I am a beautiful person. _____
4. When I am with other people I feel they are glad I am with them. _____
5. I feel that people really like to talk with me. _____
6. I feel that I am a very competent person. _____
7. I think I make a good impression on others. _____
8. I feel that I need more self-confidence. _____
9. When I am with strangers I am very nervous. _____
10. I think that I am a dull person. _____
11. I feel ugly. _____
12. I feel that others have more fun than I do. _____
13. I feel that I bore people. _____
14. I think my friends find me interesting. _____

15. I think I have a good sense of humor. _____
16. I feel very self-conscious when I am with strangers. _____
17. I feel that if I could be more like other people
I would have it made. _____
18. I feel that people have a good time when they
are with me. _____
19. I feel like a wallflower when I go out. _____
20. I feel I get pushed around more than others. _____
21. I think I am a rather nice person. _____
22. I feel that people really like me very much. _____
23. I feel that I am a likeable person. _____
24. I am afraid I will appear foolish to others. _____
25. My friends think very highly of me. _____

Walter W. Hudson, 1974.

What is My Self Image?

On a continuum of 0 - 10 (low image to high image), I would rank myself today in the following way:

Low image 0 1 2 3 4 5 6 7 8 9 10 High image

1. I ask questions. _____
2. I volunteer answers. _____
3. I accept others as they are. _____
4. I encourage responsible behavior from others. _____
5. I become positively involved with others. _____
6. I show empathy for others. _____
7. I am loyal and honor confidences. _____
8. I check out uncomfortable situations. _____
9. I behave responsibly. _____
10. I am truthful. _____
11. I have friends. _____
12. I am secure when alone. _____
13. I am willing to take risks. _____
14. I help others see their importance. _____
15. I am able to forgive and forget. _____
16. I usually sleep well. _____

17. I set and accomplish goals for myself. _____

18. I learn from my errors and successes. _____

19. I participate in community projects. _____

20. I help others to like themselves. _____

By using the above 20 statements, you could evaluate each of your students you suspect to be suffering from low self-esteem. It might help you decide how to assist each child improve his/her self image.