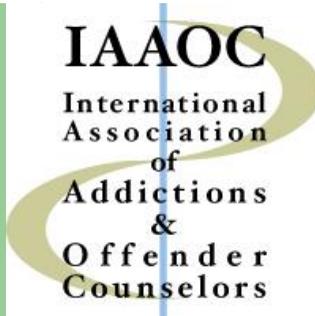




2017
**Dr. Jonnie H. McLeod
Addiction Institute**

May 15–19, 2017
*“Back to the Future: Moving Forward
without Forgetting our Past”*

In collaboration with :



The Jonnie H. McLeod Institute on Addiction is a one week course designed to provide educational experiences for both graduate students and professional counselors working in the community. The Institute is approved for 31.5 hours of substance abuse specific training credits through the NCSAPPB.

College of Education
Office of Educational Outreach
9201 University City Blvd
Charlotte NC 28223-0001

Phone: 704.687.8998
Fax: 704.687.1645

<http://oeo.uncc.edu/mcleod>

Workshop Fees

Professional fees are as follows: \$50.00 half a day; \$100 for one day; \$200 for two days; \$275 for three days; \$350 for four days; \$400 for five days (includes luncheon); and \$25.00 for Luncheon only. Exhibitor Fee \$100.00. Registration is available at <http://oeo.uncc.edu/mcleod>. Payment in full must be received on or before May 10, 2017. Refunds for the conference (minus a \$25 processing fee) will be made if the request is received by May 10, 2017. **No refunds will be made after this date.**

Lodging

You are responsible for your lodging. The following are several hotels in the vicinity of the university: Comfort Suites University, 877-547-0049 (reservation line); Courtyard by Marriott (University), 704-549-4888; Drury Inn, 704-593-0700; Hilton-Charlotte at University Place, 704-547-7444; and Holiday Inn, 704-547-0999.

Parking

The UNC Charlotte Union Parking Garage is located across the street from the College of Education on Craver Rd. Please visit for <http://facilities.uncc.edu/design-services/campus-maps/campus-maps> a campus map. Parking tokens will be provided daily (a maximum of 1 per day per participant).

Information

For information about registration, contact Ms. Yvonne Spence at 704-687-8998 or yspence@uncc.edu. For more information about workshop content, please call Dr. Pam Lassiter at 704-687-8972 or email plassiter@uncc.edu.

It is the policy of the University of North Carolina at Charlotte not to discriminate on the basis of race, color, religion, sex, sexual orientation, age, national origin, disability, or disabled veteran, in its educational programs, activities, admissions, or employment policies. Questions or complaints should be directed to Director of Human Resources, 225 King Building, (704) 547-4269.

Continuing Education

NCSAPPB Approval #: Awaiting Approval

Participants will receive up to 31.5 hours substance abuse specific credit: 3 hrs for half day; 6 hrs for full day; 1.5 hrs for luncheon.



Dr. Jonnie H. McLeod

To Register & Pay for the Conference

Please Visit:

<http://oeo.uncc.edu/mcleod>

Description of Sessions

Monday, May 15, 8:45-10:15

W. Derrick Johnson, MA, LPC, LCAS, MAC, NCC

Youth, Addiction, and Suicide in the LGBTQ Community

This interactive presentation is to familiarize participants about the intersection of substance use/ dependence, and suicide risk among the LGBTQ community in the United States today. Goals of the presentation include recognizing common used terminology when working with this population, understanding the critical nature of substance abuse and suicide rates found among LGBTQ youth compared to their non LGBTQ peers, understanding the role of drug and alcohol use and abuse among LGBTQ youth as well as the position "non-traditional" gender roles play in addiction, and understanding best practices when working with this population and gain knowledge of what you CAN do.

Derrick Johnson is currently a PhD student at the University of North Carolina at Charlotte where he is perusing his Doctorate in Clinical Mental Health Counseling and Counseling Education.

He works full-time as a Licensed Professional Counselor and Licensed Clinical Addiction

Description of Sessions Continued

Specialist at Legacy Freedom Treatment Center as well as maintains a private practice where he works with issues surrounding addiction, grief and loss, LGBTQ issues as well as trauma.

Derrick has enjoyed two careers: His first 29 years was spent in the airline and cruise line industries which provided him the opportunity to work in 122 countries. He speaks fluent Spanish and works and advocates for the Spanish speaking community of Charlotte and surrounding counties.

Monday, May 15, 10:30-12:00

Sara Andrews, M.Ed., LPC

Alcohol Abuse Among Older Adults: Risk Factors, Warning Signs, and Screening

Older adults respond at least as well as younger individuals to alcohol abuse treatment, creating a need for increased awareness and training among counselors working with this population. This presentation will: (1) identify risk factors and warning signs of alcohol abuse among older adults; (2) explore strategies for broaching the topic of alcohol abuse with older adult clients and ways to communicate screening results and treatment options; and (3) provide recommendations regarding counseling interventions for older adults seeking recovery.

Sara Andrews, M.Ed., LPC, NCC is a doctoral student in Counselor Education and Supervision at UNC-Charlotte where she is

also completing requirements for a Certificate in Gerontology. Her research interests include counseling older adults and promoting counselor resilience. Ms. Andrews has professional experience providing individual, family, and group counseling to adults with psychiatric and substance use disorders in inpatient and outpatient settings. She currently provides counseling services to older adults and their family members in a behavioral health facility in Atlanta, Georgia.

Monday, May 15, 1:30-3:00

Robert M. Cox, EdD, LPC, LCAS, CSI

Getting under the hood: SMART Recovery and Addiction Support Groups

SMART Recovery is a peer-run support group for people struggling to change dysfunctional behaviors and addictions. In this program we will discuss the history and theory of SMART Recovery, how it complements the 12-Step model, and look at tools counselors can implement in their practices to support cognitive and behavioral change.

Robert M Cox, EdD LPC LCAS is Assistant Professor of Substance Abuse Counseling at Pfeiffer University-Charlotte. He holds a Doctorate in Counselor Education and Supervision from The University of Memphis (2016) and a Masters in Addiction Counseling from Appalachian State University (1998). Dr Cox has over 18 years experience as a professional counselor working in addictions, crisis intervention, corrections, and clinical supervision. He is a 2013 Minority

Scholars Fellow, with interest in the mental health of under-served populations. Dr Cox is a member of the IAOC Restorative Justice Committee.

Monday, May 15 3:15-4:45

Dr. Eric Beeson, LPC

Jennifer M. Whitney, Ph.D., LPC

Terri Spears, MS, LCAS

Spartan Recovery Program: It's E.P.I.C. (Empowerment/Purpose/Inclusion/Community)

A collegiate recovery program at the University of North Carolina Greensboro: Spartan Recovery Program is a program of Student Health Services located in the Counseling Center that is available, free of charge, to UNCG students in all phases of recovery from addictions to alcohol and/or other drugs. The Spartan Recovery Program is not a treatment program; rather, we focus on creating a network of recovery support services that promote the personal, academic and professional goals of students in recovery.

Dr. Eric Beeson is a Core Faculty member in the Clinical Mental Health Counseling program at Northwestern University; however, he resides in Greensboro, North Carolina, where he is a staff counselor at Integrative Therapies. He received his doctorate in Counselor Education from Ohio University. His credentials include Licensed Professional Counselor (LPC) in the states of NC, West Virginia, and Kansas, Certified Rehabilitation Counselor, and Approved Clinical Supervisor (ACS). He is also a certified facilitator of Wellness and Recovery Action Planning

(WRAP®) and SMART Recovery groups. Eric's current research focuses on neuroscience-informed models of counseling, the integration of mobile technology into the recovery process, and the creation of ally training programs on college campuses.

Jennifer M. Whitney, Ph.D., LPC, joined The Counseling Center in July 2007. She earned her Ph.D. in Clinical Counseling/Counselor Education from The Ohio State University. She comes with a background in adolescent and adult mental health in a number of diverse settings. Jennifer has a strong personal and professional interest in diversity and multiculturalism, GLBT-QQI concerns, and women's issues. She currently facilitates an Eating Disorders and Body Image Group for women and is a member of the Eating Disorders Treatment Team.

Terri Spears, MS, LCAS, joined the Counseling Center as Coordinator of our Spartan Recovery Program June 2016. A Greensboro native, Terri received her undergraduate degree in Psychology from Appalachian State University and her master's degrees in Counselor Education and in Education Administration from NC A&T State University. After 20+ years' experience in public education as a School Counselor and Administrator, Terri became a Licensed Clinical Addiction Specialist and worked as an addictions therapist in both primary and family counseling at a local treatment center. Terri's passion is working with young adults and families in Addiction and Recovery.

Tuesday, May 16, 8:45-4:45

Dr. Daniel Gutierrez

Description of Sessions Continued

Painful Problems: Strategies for Fighting Opiate Addiction

Opiate addiction is a serious epidemic in this country. Each day about 3,900 individuals misuse opiates, and 80 individuals die of opiate overdose. The problem is so severe in Virginia, that they have declared it a state of emergency. To combat this problem, we need to arm addiction counselors with effective evidence-based strategies. This presentation will discuss the nature of opiate addiction, starting with the basics and ending with group strategies for addiction counselors. We will also moderate two panel discussions: 1.) with experts from the treatment, prevention, law enforcement communities; 2.) people in long term recovery from opiate addiction.

Dr. Daniel Gutierrez is an assistant professor formerly at the University of North Carolina at Charlotte, and now at the College of William and Mary. He holds a Ph.D. in Counselor Education and Supervision and is a Licensed Mental Health Counselor in Florida and a Licensed Professional Counselor in North Carolina. His expertise includes developing and evaluating evidence-based treatment strategies for addiction and clinical mental health counseling. His clinical experiences include working with addicted clients in intensive outpatient, a medicated assisted treatment program, group practice, a be-

havioral health hospital, and in private practice. He has presented internationally on topics germane to counseling.

Wednesday, May 17, 8:45-12:00

Eli Branscome

The Reality of HIV . . . Get with the Program

The pace of progress in HIV treatment has greatly outpaced the sluggish shift in stigma. Each of us has unique biases, fears, and knowledge deficits. This presentation will present empirical facts and medical information that support a message of hope and optimism for people infected with HIV. This session will present practical steps to assess problems/needs, plan treatment, respond to crises, and educate. A diverse panel of people living with HIV will share their experiences and help us become strong, courageous, and wise addiction professionals.

Mr. Eli Branscome, MA, LCAS, LPCS has worked as a counselor at an AIDS service organization for almost a decade. His volunteer and professional efforts have covered the spectrum from end-of-life transitions to planning for unrestricted life. He is now in private practice but continues to lecture on the intersection of HIV and substance use disorders.

Wednesday, May 17, 1:30-4:45pm

Edward Johnson

Ethical Considerations in Group Counseling for Individuals with Substance Use Disorders (SUD)

Group Counseling is the primary therapeutic intervention in substance use disorder treatment settings. The ethical dilemmas that arise in a group setting a similar yet different from those experienced in other modalities. This session will allow participants to explore those similarities and difference. The ACA Code of Ethics (2014) and the NAADAC Code of Ethics (2016) form the foundation for this session.

Ed Johnson obtained a Bachelor's Degree from Auburn University and a Master's Degree in Clinical Counseling from the Citadel. He is currently the Carolinas and Kentucky Program Manager for the Southeast Addiction Technology Transfer Center (Southeast ATTC) located at the National Center for Primary Care, Morehouse School of Medicine in Atlanta. He has over 25 years of experience providing direct services to individuals with Substance Use Disorders (SUD) and Co-Occurring Disorders. He has provided numerous trainings in the Southeast on Addiction and Recovery, Recovery-Oriented Systems of Care, Professional Ethics, HIV / Addiction, Opioid Dependency / Treatment, issues related to Lesbian, Gay, Bisexual and Transgender (LGBT) Individuals and Addiction and Clinical Supervision He is currently credentialed / licensed as a Master Addiction Counselor (MAC), a Certified Clinical Supervisor (CCS), and a Licensed Professional Counselor (LPC).

Thursday, May 18, 8:45am-4:45pm

Dr. Melanie Larussi and Tristen Hyatt

Advanced Group Counseling for Addictions

In this interactive workshop, attendees will learn about the various types and foundational components of group counseling for addictions. Attendees will have opportunities to gain knowledge about and further develop their skills related to group leadership, creating and maintaining group structure, and facilitating the processes of group counseling. Attendees will also learn about and develop skills specific to empirically supported group methods including motivational interviewing and relapse prevention strategies.

Melanie M. Larussi, Ph.D. is an Associate Professor and Coordinator of the Counselor Education Doctoral program at Auburn University. She earned her Ph.D. in Counselor Education and Supervision from Kent State University. Her clinical background is in substance abuse counseling, college counseling, and private practice. She is a Licensed Professional Counselor and a Certified Substance Abuse Counselor. She is also a member of the Motivational Interviewing Network of Trainers. Melanie's research interests include counselor training in substance use and addiction counseling, college student substance use and recovery, and applications of motivational interviewing.

Tristen Hyatt is currently working on her Ph.D. in Counselor Education and Supervision and is a Nationally Certified Counselor and a Licensed Associate Professional Counselor. She holds a Master's degree from Troy University in Counseling and Psychology with a focus in Clinical Mental Health Counseling. Tristen worked for five years in a community agency counseling center that offered ser-

Description of Sessions Continued

vices for mental health and substance abuse. She ran a substance abuse group three times weekly through the agency. Currently, she works within a college counseling center.

Friday, May 19, 8:45-12:00

Dr. Nathaniel Ivers

Cultural Factors to Consider in Providing Addictions Counseling to Latinas/os

As of July 1, 2015, the Latina/o population in the United States had grown to 56.6 million people, which makes it the largest racial or ethnic minority group in the nation (U.S. Census Bureau, 2016). Based on this population growth, it is very likely that counselors, addictions counselors included, will work with Latinas/os. In doing so, it is important that counselors consider both individual characteristics and cultural factors when assessing, diagnosing, and treating Latina/o clients. In this presentation, we will discuss cultural factors to consider when working with Latina/o clients in an addictions or substance abuse context. Among other things, we will process the following factors: familismo, personalismo, fatalism, acculturation, espiritismo, and time orientation.

Nathaniel Ivers, Ph. D. is an assistant professor and associate chair of the Department of Counseling at Wake Forest University and a Licensed Professional Counselor in North Carolina and Texas. The majority of his counseling practice has been with the Latina/o, Spanish-speaking, immigrant population in Winston-Salem, North Carolina. Nathaniel has worked as a bilingual counselor, bilingual alcohol counselor, private practitioner, and independent contractor providing counseling services to individuals, couples, and families. Nathaniel also has experience providing supervision in online and traditional formats, working with practicum students, counseling interns, and Licensed Professional Counseling Associates. Nathaniel's research interests and agenda are related to multicultural counseling competence, counseling with Latinas/os, and bilingualism.

Friday, May 19, 1:30-4:45pm

Dr. Nathaniel Ivers

Using Interpersonal Process Recall to Enhance Multicultural Competency in Clinical Supervision

The United States is currently experiencing a great deal of division on many fronts: ideological, racial, ethnic, and religious, to name a few. These divisional conflicts are cultivating in people on all sides of the political and cultural spectra feelings of fear, intolerance, and fatigue, as well as limiting people's desires and capacities to understand contrastive perspectives. Clinicians are not immune to these divisions or their byproducts. In short, it has never been more imperative than it is now for clinicians to dedicate themselves to developing their cultural

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competence, particularly their cultural awareness. An important place in which clinicians can recognize and work through their attitudes and beliefs about and reactions to culturally diverse clients is clinical supervision. In this presentation, we will discuss how clinical supervisors can use a self-awareness-raising technique called interpersonal process recall (IPR; Kagan, Krathwohl, & Miller, 1963) in supervision to help supervisees develop their multicultural awareness. Specifically, we will process how supervisors can use IPR to help supervisees recognize and work through implicit beliefs and attitudes regarding cultural variables (e.g., race, gender), substance use and addiction, and the intersection of culture and addiction (e.g., Latina female addicted to heroin).

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Friday, May 19, Luncheon Keynote

Donna Travis, MSW

A Field of Change

Donna has worked in the field for nearly 50 years having established the first Detox-Crisis Unit in N.C., going on to write the grant and become clinical director of the first Perinatal Program in N.C. When it closed she co-wrote the grant establishing CASCADE, the Perinatal Substance Abuse Program for Mecklenburg County and became Clinical Director. She has also worked in Emergency Mental Health for 15 years and been in private practice.

Please visit the
[McLeod Institute website at:](http://oeo.uncc.edu/mcleod)
<http://oeo.uncc.edu/mcleod>
for more information and updates.

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Jonnie H. McLeod Substance Abuse Institute